



**Family Support Service by SCTSP in Partnership with Staffordshire County Council**

## **STAFFORD**

### **ONLINE BEHAVIOUR WORKSHOPS & WELLBEING PROGRAMMES**

**Understanding and Managing Anger and Defiance in Children and Young People  
(Parent Only)**

Please choose one of the following dates and times:

**Wednesday 15th July: 1-2pm or**

**Wednesday 15th July: 6-7pm**

**Understanding and Managing Anxious Behaviour and Low Self Esteem in  
Children and Young People (Parent Only)**

Please choose one of the following dates and times:

**Wednesday 22nd July: 1-2pm or**

**Wednesday 22nd July 6-7pm**

**3 week Parent Wellbeing Programme (Parent only)**

**Wednesday 1st July / 8th July / 15th July – 11-12am**

**Emotional Wellbeing Support Programme**

**for Year 5 and Year 6 to help with transition to Secondary School (Parent and Children)**

**Please contact for more details and dates about this programme**

To book your place please contact:

Email: [raminderdhalwal.fss@sctsp.org.uk](mailto:raminderdhalwal.fss@sctsp.org.uk) or text/phone: 07741645691. Once you have booked onto

you will be sent instructions on how to access the Workshop/Programme.

