



Dear Parents and Carers,

You will be aware that, as a part of your child's educational experience at St Leonard's, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

During the academic year 2020 -21 the Department for Education is making Relationships and Health Education compulsory in all primary schools.

What does the new guidance mean?

The new guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships.

Learning about the emotional, social and physical aspects of growing up, it will give children and young people the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own well-being.

All of the sessions will be age-appropriate and meet the needs of all pupils in the class. We value your views on how we deliver this and it will then be the responsibility of the class teacher to adapt the lessons to suit the needs of the children in their class whilst covering the statutory requirements.

Parents have the right to request that their child be withdrawn from some or all of the sex education delivered as part of the statutory RSE following discussions with the head teacher.

There is no right to withdraw from Relationships Education or Health Education or any content from the statutory Science curriculum. This means that pupils cannot be withdrawn from lessons on the Changing Adolescent Body.

How will this be delivered?

This guidance will form part of our school's PSHE education programme which is taught throughout the school in every year group and is monitored and reviewed regularly.

We currently use Jigsaw scheme of work which ensures progression in knowledge, attitudes and values, and skills – including the key skills of social and emotional learning, known to improve outcomes for children. Information about Jigsaw can be found on our school website – School Information – Curriculum – Jigsaw

All teaching in PSHE will take place in a safe learning environment and be underpinned by our school ethos and values. A variety of opportunities will be provided for pupils to ask questions to further their understanding and to find out more about what affects them personally.

Suggestions and questions

It is important that there is an open conversation between parents and school to ensure that the children are given the best PSHE provision as we are children's top two preferred sources of information about sex, relationships and other aspects of PSHE learning.

We very much value and respect your role in teaching your children about healthy relationships, looking after themselves and staying safe. We want teaching in school to complement and reinforce the lessons you teach your

child as they grow up and for you to understand what is being taught, when and how. We therefore invite you to read our PSHE (Personal, Social, Health and Economic) and Relationships Education Policy. These policies can be found on our school website in the School Information section – Curriculum - Jigsaw. We are required to consult with you in the development of the Relationship Education Policy and therefore invite you, after reading the policy, to complete our parent questionnaire: We encourage any feedback and suggestions which could be reflected in our policy, as well as any questions that you, as parents, may have about the new guidance or coverage.

Please follow this link to ask any questions and/or give views on this new guidance:

<http://www.st-leonards-stafford.staffs.sch.uk/school-information/curriculum>

Yours sincerely,

Mrs Callaghan

PSHE Leader